

LUNCH

TO START

FRESH SHUCKED OYSTERS

Pickled Mans Organic Ginger, House Made Hot Sauce, Seasonal Mignonette . . . 30/Half Dozen

HYDRAGREENS RED ROMAINE

Toasted Sunflower Seed Dressing, Southern Skies Radish, Sunflower Shoots.19

FAIRWINDS FARM GOAT HALLOUMI

Sudo Farms Beets, Frisée, Charcoal, Walnut & Coriander Dukkah.19

BENCHMARK BEEF TARTARE

Pickled Okanagan Cherry, Sudo Farms Kohlrabi, Vital Greens Yogurt, Garden Marigold . . . 25

RED LENTIL HUMMUS

Okanagan Sumac, Basil Pistou, Sun Flower Shoots, Flax Seed Lavosh.17

FORNO BAKED SOURDOUGH FLATBREAD

Broxburn Farms Broccoli, Avonlea Cheddar Mornay, Sambal, Longaniza Sausage 27

FISH & GAME BOARD

Selection of Cured Meats

Seasonal Potted Seafood, Smoked Salmon

River Café Pickles, Preserves & Crackers35

Add 3 oz of Curated Canadian Cheeses:

Sylvan Star Gouda, Avonlea Cheddar & Tiger Blue 29

MAIN

SUDO FARMS CAULIFLOWER

Ontario Black Walnut Mole, Puffed Wild Rice, Black Garlic Emulsion29

HAND CUT LINGUINE

Springbank Bison Bolognese, Sylvan Star Grizzly Gouda, Cold Pressed Canola Oil31

PAN SEARED YUKON ARCTIC CHAR

Organic Mixed Greens, Green Goddess Dressing, Gull Valley Tomato, Buckwheat34

BENCHMARK ANGUS BEEF FLANK STEAK

Alberta Cornmeal Polenta, Forno Roasted Gull Valley Tomatoes, Pickled Ramps 39

FARMING WORX DUCK CONFIT

Alberta Beluga Lentil, Ontario Black Walnut, Chanterelle Mushroom, Brandy Jus 36

BENCHMARK BEEF BURGER

Bacon Mortadella, Sylvan Star Gouda, Pickle Mayo, Poplar Bluff Potato Salad 29

*Highwood Crossing Red Fife Sourdough
House-Churned Butter, Vancouver Island Sea Salt*

RIVER CAFÉ
PRINCE'S ISLAND PARK

Canadian Seasonal Cuisine

Supporting regional and local purveyors, farmers and coastal fishermen

FALL 2023



All seafood selections are the best sustainable choices as recommended by Vancouver Aquarium's Ocean Wise Program.



Printed on Environment Paper: 50% Sugar Cane Fibre and 50% Recycled Fibre



One Dollar from every Red Lentil Hummus will go to BB4CK to connect kids to the food they need to learn, grow & play.